



EPHESIANS 6:10-20

Put on the full armor of God.

1 PETER 4:1-14

Be clear minded and self controlled.

PHILIPPIANS 3:12-21

Press on toward the goal.

ECCLESIASTES 4:9-13

Don't try this alone.

1 CORINTHIANS 12:12-31

We need each other.

GALATIANS 6:1-10

Carry each other's burdens.

HEBREWS 10:19-39

Don't shrink back.

ROMANS 12

The IRONMAN Checklist

DISCOVERY BIBLE STUDY

GRATITUDE

- What happened last week for which you are thankful?

INTERCESSION

- What challenges do you see in your life? family? world?

ACCOUNTABILITY

- How did you obey, share, and meet the needs from last week's meeting?

READ THE PASSAGE

Re-Read, Re-Tell, & Consider the Details

HE IS...

What do we learn about God?

WE ARE...

What do we learn about people?

I WILL...

How will you put this passage into practice?

YOU CAN...

Who do you know who needs to hear this?

SERVICE

- How can we help with a challenge you're facing?